

## **Competition Rules and Regulations 2008-2009**

### **GENERAL**

- **Soloists and duo/trios do not need to pre-qualify regionally for Nationals.**
- All competing dancers and their teachers must be registered for the entire workshop in the city where they are competing.
- Fifteen competition numbers allowed per studio; solos through productions. Of the fifteen competition numbers, a maximum of 3 solo entries per school are allowed unless authorized by Adrenaline Dance, Inc.
- No independent soloists allowed unless authorized by Adrenaline Dance, Inc.
- All names and ages of the dancers must appear on entry form or it will not be accepted.
- All ages are as of January 1 of the competition year.
- Entries accepted on a first come, first serve basis. Timely postmarks do not guarantee acceptance of entries.
- Competition will be limited to time available. Additional entries will be allowed if time permits.
- The deadline for competition changes is 14 days prior to the convention. No changes will be accepted after that date.
- Any school is welcome to participate in more than one Adrenaline competition.
- Groups may compete in more than one city; however, if a routine regionally qualifies for BEST OF SHOW, it may not be entered in another city.
- Competing dancers may enter in as many performance categories as desired as long as they never compete against themselves in a given performance category.
- Group routines entered in same performance category must have at least a 50% change in participants.
- If a teacher performs with a group, the group will be judged for adjudication only and is not eligible for the Top 5 or Best of Show.
- No professional dancers may compete; however, they can attend workshop classes.
- All dancers must be prepared to present proof of age should a question arise. Photocopies are acceptable.
- In larger cities, Adrenaline reserves the right to begin competition for solos, duos, and trios on the Friday night prior to the convention.

### **COMPETITION FEES**

- Separate checks must be written for convention entry fees and competition registrations. Both checks must be submitted simultaneously. Any payment received after the 30-day cutoff prior to the event must be in the form of credit card, PayPal, or cashier's check. If paying by credit card, a 3% fee applies to any amount over \$1000.
- Competition category fees are as follows:
  - Solo: \$80 (limit 3 solos per studio.)
  - Duo/Trio: \$45 per dancer.
  - Small Group (4-9 dancers): \$25 per dancer.
  - Large Group (10-16 dancers): \$25 per dancer.
  - Line (17+ dancers): \$25 per dancer.
  - Production (25+ dancers); \$25 per dancer.
- All competition fees are per person per entry.
- All checks should be made payable to Adrenaline Dance, Inc. A return check charge of \$25 will apply to all returned checks in addition to cancellation of registration.
- All entries are final and non-refundable. NO EXCEPTIONS.
- Entries can be accepted online and via fax with credit card or PayPal payment at time of submittal. Deadline for payment is not affected by online submittal of registration. A 5% late fee will apply to the total competition fees amount if not postmarked 30 days prior to the convention.
- No checks drawn on banks outside of the U.S.A. are accepted.

## **AGE DIVISIONS**

- Age divisions are as follows:
  - Petite division: Average age is 8 and under.
  - Junior division: Average age is 9 to 12.
  - Teen division: Average age is 13 to 15.
  - Senior division: Average age is 16 to 18.
  - Adult /Teacher division: Average age is 19 and over. If a teacher performs with the group, it is automatically to be entered in the Adult/Teacher division. The group will be judged for adjudication only and is not eligible for the Top 5 or Best of Show.
- To determine the average age of an entry, add together the ages of all the dancers in the routine and divide by the total number of dancers in the entry. All averages are to be rounded down to the nearest whole number.
- The average age of each entry may not drop more than one age division below the age of the oldest dancer in the entry regardless of the actual average age.

## **PERFORMANCE CATEGORIES**

- Tap: Routine that consists of tap technique. Tap shoes only.
- Jazz: Routine that consists of primarily jazz technique.
- Lyrical: Routine that consists of a combination of jazz/modern/ballet techniques incorporating balance, control, and interpretation.
- Ballet: Routine that consists of ballet or pointe techniques. Must include classical steps and movements.
- Hip-Hop: Routine that consists of stylistic movement of the urban element.
- Contemporary: Routine that consists of a fusion between jazz, lyrical and modern techniques.
- Musical Theatre: Routine that consists of dramatic interpretation.
- Open: Routine that consists of any dance style or combination of dance style not listed above (acrobatic, clogging, modern, etc.).

Note: Entry numbers containing more than 3 gymnastic passes must be entered in the open category. Otherwise, 1 point per judge will be deducted and the number will be moved to the appropriate category.

## **SCORING**

- Scoring is done on an adjudicated point scale by 3 judges, each scoring up to a total of 100 points.
  - Technique: 35 points
  - Execution: 30 points
  - Showmanship: 20 points
  - Choreography and Musicality: 10 points
  - Costume: 5 points
- All ties will be broken by first, Technique score, second, Execution score, and third, judges' poll.
- Any choreography that is not considered age appropriate by the panel of judges will have up to 5 points deducted by each judge and possible disqualification.

## **ADJUDICATION AND AWARDS**

- All entries will be adjudicated by 3 judges. If there are less than 60 total competition numbers, 2 judges will provide audio critiques, and 1 judge will provide live verbal feedback immediately after each performance. If there are over 60 total competition numbers, all 3 judges will be supplying audio critiques.
- All judges decisions are final.
- Ultimate platinum, platinum, high gold, gold, high silver, and silver awards will be presented based on the following combined scores:
  - Ultimate Platinum: 294-300 points
  - Platinum: 287-293 points
  - High Gold: 280-286 points
  - Gold: 274-279 points
  - High Silver: 267-273 points

- Silver: less than 266 points
- If two or more numbers are in a performance category, a high point will be announced for that competition category in that age division.
- Judges written score sheets, audio critiques, and submitted music may be picked up at the registration desk the morning following the competition. These items will be given to the designated teacher/director only.

### **REGIONAL COMPETITION AWARDS**

- Awarded in petite, junior, teen, senior, and adult/teacher age divisions.
- Top 5 overall high score winners will be awarded in each age division in the following competition categories: solo, duo/trio, small group, large group, line, and production.
- Best of Show – The top overall high scoring group from each studio in the 12 & Under and 13 & Over age divisions will be invited to perform and re-compete for Best of Show regional title and a \$250 cash prize during the Faculty Awards Show in each city, limit 1 group per studio, per age division. All 12 & Under and 13 & Over regional Best of Show finalists are invited to attend Adrenaline Nationals and enter the same routine, complimentary, to compete for Nationals Best of Show title.
- All ultimate platinum, platinum, high gold, gold, and high silver award winners are eligible to compete in the 2009 Adrenaline National Competition.

### **Special Awards (Groups Only)**

- Choreography Awards – 2 recognition awards chosen in each city in the 12 & Under and 13 & Over age divisions by the judges for best overall choreography.
- Entertainment Award – 2 recognition awards chosen in each city in the 12 & Under and 13 & Over age by the judges for best overall entertainment.
- Technique Award – 2 recognition awards chosen in each city in the 12 & Under and 13 & Over age by the judges for the best overall technique.

### **TIME LIMITS**

- Time limits are as follows:
  - Solo: 2 minutes, 45 seconds
  - Duo/Trio: 2 minutes, 45 seconds
  - Small Group: 3 minutes
  - Large Group: 3 minutes
  - Line: 4 minutes
  - Production: 8 minutes
- Any number that is more than 15 seconds over the time limit will receive a 1 point deduction per judge.
- Competing dancers should be ready 1 hour prior to scheduled competition time. If the competition is running ahead of schedule, dancers will be expected to perform.

- Competing dancers must perform in their scheduled order unless special permission is given by Adrenaline Dance for costume changes.

### **MUSIC REQUIREMENTS**

- All music must be submitted between 7am and 12 noon on the Saturday of the competition. In cities where competition begins on Friday night, music must be submitted 1 hour before the competition begins.  
**Absolutely no music accepted after this time.**
- Please provide one professional quality audio cassette tape or CD per number. **For submissions on CD, only 1 song is allowed per CD.**
- For tape submissions, music for each number must be on a separate cassette tapes and cued to the beginning.
- Each cassette or CD must be labeled with: title of entry, studio name, and entry number.
- **NO MUSIC ON IPODS ACCEPTED.**

### **STAGE**

- The stage is approximately a 30' x 40' Marley floor.

### **PROPS**

- General props are permitted but must be taken on and off the stage quickly. Be aware that there may be restrictions in certain cities regarding the size and weight of props. Please check with Adrenaline before submitting large prop entries. Have a clean up crew ready for any objects left on stage.
- There will be a 1-minute set-up time limit before and after numbers with props. Any prop that needs a longer set-up time must notify Adrenaline Dance, Inc. before the start of the competition.
- Adrenaline Dance, Inc. is not responsible for shipping, transportation, storage, damage, or theft of any props.
- No dangerous props may be used during the competition.
- No live animals are permitted as props.
- Any excessive scenery and elaborate lighting may not be used.
- Tap sounds on recordings of tap numbers will result in a 2 point deduction from each judge.

### **VIDEO TAPES AND PHOTOGRAPHY**

- Flash and non-flash photography is NOT permitted at any time.
- In some cities, professional action shots taken during the convention classes, competition, and photographs of dancers with any or all of the Adrenaline staff may be available for purchase. Inquire upon convention registration for details.
- In cities where Adrenaline has commissioned a professional video company to tape routines, no personal videotaping will be allowed.

- In cities where there is no professional videography, studios will be allowed to video tape their own routines from a designated location and with proper Adrenaline issued credentials.
- No other video taping allowed at any time. Please let everyone know about this rule.
- Through their participation in the convention and/or competition, all dancers give consent for and authorize the use of their image, photos, and/or video for Adrenaline publicity and advertisement purposes.

#### **GENERAL ADMISSION**

- General admission to the competition is free.
- Audience will be allowed to enter and exit between numbers only. Doors will be closed during performances.