

SAMPLE SCHEDULE

Adrenaline Dance Regional City



Schedule

Friday	Seniors (16 & Up)	Teens (ages 13-15)	Juniors (ages 9-12)	Minis (ages 5-8)/Teachers
	Grand F, G, & H	Grand E	International D, E, & F	O'Hare Ballroom
3:30pm - 9:00pm	Solo, Duo, Trio Competition & Awards		Rosemont Ballroom	
5:00pm - 6:00pm	Jazz Bonus Class - Intermediate & Advanced Level- International A,B,C,D,E,F			
6:00pm - 7:00pm	Contemporary Bonus Class - Intermediate & Advanced Level- International A,B,C,D,E,F			
7:00pm - 8:00pm	Fusion Bonus Class - Intermediate & Advanced Level- International A,B,C,D,E,F			
9:30pm - 11:00pm	Directors Reception In LAX A & B			
Saturday	Seniors (16 & Up)	Teens (ages 13-15)	Juniors (ages 9-12)	Minis (ages 5-8)/Teachers
	Grand F, G, & H	Grand E	International D, E, & F	O'Hare Ballroom
7:00am - 8:00am	Registration Check-in	Registration Check-in	Registration Check-in	Registration Check-in
7:45am - 8:00am	Intro/Group Warm-up in Teen Room	Intro/Group Warm-up in Teen Room	Intro/Group Warm-up in Teen Room	
8:00am - 9:00am	Warm-up/Class	Warm-up/Class	Warm-up/Class	(8:15am-9:00am) Tap (Minis)
9:00am - 10:00am	Contemporary	Jazz	Tap	(9:15am-10:00am) Hip-Hop (Minis)
10:00am - 11:00am	Tap	Hip Hop	Fusion	(10:15am-11:00am) Jazz (Minis)
11:00am - 12:00pm	Contemporary	Contemporary	Hip Hop	11:00am-12:00pm Tap (teachers)
12:00pm - 12:30pm	Lunch / Nutrition	Lunch / Nutrition	Lunch / Nutrition	
12:30pm - 1:30pm	Hip Hop	Fusion	Contemporary	1:00-3:00 Ballet/Tech (teachers)
1:30pm - 2:00pm	Scholarship Auditions	Scholarship Auditions	Scholarship Auditions	1:00-3:00 Ballet/Tech (teachers)
2:00pm	*****Announcement of Adrenaline Dance Crews (ADC)*****			
2:45pm - 12:15pm	Group Competition & Awards	Group Competition & Awards	Group Competition & Awards	Group Competition & Awards
Sunday	Seniors (16 & Up)	Teens (ages 13-15)	Juniors (ages 9-12)	Minis (ages 5-8)/Teachers
	Grand F, G, & H	Grand E	International D, E, & F	O'Hare Ballroom
7:00am - 8:00am	Sr. ADC Rehearsal	Teen ADC Rehearsal	Jr. ADC Rehearsal	Tap/Hip-hop ADC Rehearsal
8:00am - 9:00am	Warm-up/Class	Warm-up/Class	Warm-up/Class	Ballet/Tech (teachers)
9:00am - 10:00am	Hip Hop	Tap	Jazz	Ballet/Tech (teachers)
10:00am - 11:00am	Jazz	Contemporary	Fusion	Contemporary (teachers)
11:00am - 12:00pm	Contemporary	Hip Hop	Contemporary	(11:15am - 12:00pm) Jazz (minis)
12:00pm - 1:00pm	Lunch/Sr. ADC Rehearsal	Lunch/TN ADC Rehearsal	Lunch/Jr. ADC Rehearsal	Tap/Hip-hop ADC Rehearsal
1:00pm - 2:00pm	Tap	Fusion	Hip Hop	(1:15pm - 2:00pm) Hip Hop (minis)
2:00pm - 2:45pm	Fusion	Contemporary	Tap	(2:15pm - 3:00pm) Jazz (minis)
2:45pm - 3:15pm	Break	Break	Break	
3:15pm - 4:15pm	***** Best of Show Competition, Mini Performance, Scholarship Awards *****			